



# SPECIAL RELEASE

## HIGHLIGHTS OF THE NATIONAL CAPITAL REGION (NCR) POPULATION 2020 CENSUS OF POPULATION AND HOUSING (2020 CPH)

**Date of Release: 26 August 2021**

Reference No. 2021-12

### Total Population

***NCR has 13.84 million total population in 2020***

The population of the National Capital Region (NCR) as of May 1, 2020 is 13,484,462. Its population is higher by 607,209 from the population of 12.88 million in 2015, and 1,628,487 more than the population of 11.86 million in 2010. Moreover, it is higher by 3,551,902 compared with the population of 9.93 million in 2000. (Table 1)

Table 1. Total Population Based on Various Censuses:  
National Capital Region

Census Year	Census Reference Date	Total Population
2000	May 1, 2000	9,932,560
2010	May 1, 2010	11,855,975
2015	August 1, 2015	12,877,253
2020	May 1, 2020	13,484,462

Source: Philippine Statistics Authority

The population of NCR accounts for about 12.37 percent of the Philippine population in 2020 which stands at 109,035,343 and among the 17 regions, NCR has the second highest population next to REGION IV-A (CALABARZON) with 16.19 million.

### ***Nearly half of NCR population resides in Quezon City, City of Manila, and City of Caloocan***

Among the 16 highly urbanized cities (HUCs) comprising NCR, Quezon City had the biggest population in 2020 with 2,960,048 persons, followed by the City of Manila with 1,846,513 persons, and the City of Caloocan with 1,661,584 persons. The combined population of these three cities comprises around 48.00 percent of the region's population. This means that five out of ten persons in the region reside in Quezon City, City of Manila, and City of Caloocan.



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The City of San Juan had the smallest population with 126,347 persons among the 16 HUCs while Pateros, the only municipality in the region, posted a population of 65,227 persons. (Table 2)

Table 2. Total Population by Highly Urbanized City/Municipality Based on Various Censuses: National Capital Region

Highly Urbanized City/Municipality	Total Population			
	2000	2010	2015	2020
City of Manila	1,581,082	1,652,171	1,780,148	1,846,513
City of Mandaluyong	278,474	328,699	386,276	425,758
City of Marikina	391,170	424,150	450,741	456,059
City of Pasig	505,058	669,773	755,300	803,159
Quezon City	2,173,831	2,761,720	2,936,116	2,960,048
City of San Juan	117,680	121,430	122,180	126,347
City of Caloocan	1,177,604	1,489,040	1,583,978	1,661,584
City of Malabon	338,855	353,337	365,525	380,522
City of Navotas	230,403	249,131	249,463	247,543
City of Valenzuela	485,433	575,356	620,422	714,978
City of Las Piñas	472,780	552,573	588,894	606,293
City of Makati	471,379	529,039	582,602	629,616
City of Muntinlupa	379,310	459,941	504,509	543,445
City of Parañaque	449,811	588,126	665,822	689,992
Pasay City	354,908	392,869	416,522	440,656
City of Taguig	467,375	644,473	804,915	886,722
Pateros	57,407	64,147	63,840	65,227

Source: Philippine Statistics Authority

***Barangay 176 in the City of Caloocan ranks first in the most populous barangays***

Of the 1,710 barangays in NCR, 12 registered with more than 100 thousand total population in 2020. Barangay 176 in the City of Caloocan is the most populated with 261,729 persons followed by Commonwealth with 213,229 persons and Batasan Hills with 166,572 persons, both in Quezon City. (Table 3)

Table 3. Barangays with More Than 100,000 Population:  
National Capital Region, 2020

Rank	Barangay	City/Municipality	Total Population
1	Barangay 176	City of Caloocan	261,729
2	Commonwealth	Quezon City	213,229
3	Batasan Hills	Quezon City	166,572
4	Pinagbuhatan	City of Pasig	163,598
5	Payatas	Quezon City	139,740
6	Poblacion	City of Muntinlupa	120,115
7	Holy Spirit	Quezon City	111,901
8	Barangay 171	City of Caloocan	111,713
9	Pasong Tamo	Quezon City	110,738
10	Barangay 178	City of Caloocan	110,224
11	Addition Hills	City of Mandaluyong	108,896
12	Bagong Silangan	Quezon City	106,886

Source: Philippine Statistics Authority

## Annual Population Growth Rate

### *NCR population increases at the rate of 0.97 percent annually*

The population of NCR increased by 0.97 percent annually from 2015 to 2020. By comparison, the rate at which the population of the region grew from 2010 to 2015 was higher at 1.58 percent. (Table 4)

Table 4. Annual Population Growth Rate Based on Various Censuses:  
National Capital Region

Intercensal Period	Annual Population Growth Rate (in percent)
2000 to 2010	1.78
2010 to 2015	1.58
2015 to 2020	0.97

Source: Philippine Statistics Authority

### *City of Valenzuela is the fastest growing city in NCR*

The City of Valenzuela was the fastest growing HUC in the region with an annual population growth rate (PGR) of 3.03 percent from 2015 to 2020. It was followed by the City of Mandaluyong with a PGR of 2.07 percent and the City of Taguig (2.06 percent).



The City of Navotas posted the lowest PGR of -0.16 percent among the HUCs in the region.

Pateros, the lone municipality in NCR had a PGR of 0.45 percent. (Table 5)

Table 5. Annual Population Growth Rate by Highly Urbanized City/Municipality Based on Various Censuses: National Capital Region

Highly Urbanized City/Municipality	Annual Population Growth Rate (in percent)		
	2000 to 2010	2010 to 2015	2015 to 2020
City of Manila	0.44	1.43	0.77
City of Mandaluyong	1.67	3.12	2.07
City of Marikina	0.81	1.16	0.25
City of Pasig	2.86	2.31	1.30
Quezon City	2.42	1.17	0.17
City of San Juan	0.31	0.12	0.71
City of Caloocan	2.37	1.18	1.01
City of Malabon	0.42	0.65	0.85
City of Navotas	0.78	0.03	-0.16
City of Valenzuela	1.71	1.45	3.03
City of Las Piñas	1.57	1.22	0.61
City of Makati	1.16	1.85	1.65
City of Muntinlupa	1.95	1.78	1.58
City of Parañaque	2.72	2.39	0.75
Pasay City	1.02	1.12	1.19
City of Taguig	3.26	4.32	2.06
Pateros	1.12	-0.09	0.45

Source: Philippine Statistics Authority

## Population Density

### *NCR is the most densely populated region*

With a 619.54 square kilometer land area, NCR is the most densely populated region with 21,765 persons per square kilometer. This figure is 60 times of the population density at the national level with 363 persons per square kilometer and 22 times than that of second highest region, REGION IV-A (CALABARZON), with 977 persons per square kilometer.

The population density of NCR increased by 4.72 percent or additional 980 persons per square kilometer from the 20,785 persons per square kilometer reported in 2015. The population density of NCR in 2010 was 19,137 persons per square kilometer.

### ***City of Manila tops the list of most dense cities***

Among the 16 HUCs in NCR, seven surpassed the regional population density of 21,765 persons per square kilometer. The City of Manila was the most densely populated with 73,920 persons per square kilometer in 2020, followed by the City of Mandaluyong with 45,830 persons per square kilometer, and Pasay City with 31,543 persons per square kilometer. The four other HUCs in NCR that surpassed the regional population density were the City of Navotas (27,689 persons per square kilometer), the City of Caloocan (29,777 persons per square kilometer), the City of Makati (29,189 persons per square kilometer), and the City of Malabon (24,222 persons per square kilometer). (Table 6)

Moreover, the City of Muntinlupa had the least population density among the HUCs in NCR with 13,672 persons per square kilometer.

Pateros, the only municipality in NCR, was the sixth most densely populated municipality in the country with 6,272 persons per square kilometer.

Table 6. Population Density of Highly Urbanized Cities:  
National Capital Region, 2020

<b>Highly Urbanized City/Municipality</b>	<b>Population</b>	<b>Land Area (square kilometers)</b>	<b>Population Density (persons per square kilometer)</b>
City of Manila *	1,846,513	24.98	73,920
City of Mandaluyong *	425,758	9.29	45,830
City of Marikina *	456,059	21.52	21,192
City of Pasig **	803,159	48.46	16,574
Quezon City **	2,960,048	171.71	17,239
City of San Juan *	126,347	5.95	21,235
City of Caloocan *	1,661,584	55.8	29,777
City of Malabon **	380,522	15.71	24,222
City of Navotas *	247,543	8.94	27,689
City of Valenzuela *	714,978	47.02	15,206
City of Las Piñas *	606,293	32.69	18,547
City of Makati *	629,616	21.57	29,189
City of Muntinlupa *	543,445	39.75	13,672
City of Parañaque*	689,992	46.57	14,816

Highly Urbanized City/Municipality	Population	Land Area (square kilometers)	Population Density (persons per square kilometer)
Pasay City *	440,656	13.97	31,543
City of Taguig *	886,722	45.21	19,613
Pateros *	65,227	10.4	6,272

Source: Philippine Statistics Authority

Notes:

\* Land area is based on cadastral survey (certified and provided to the DBM) from the LMB, DENR, as of December 2013.

\*\* Estimated land area (certified and provided to the DBM) from the LMB, DENR, as of December 2013.



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